What's happening

March/April 1986
A bimonthly calendar of public events at UC-San Francisco. Please come and enjoy.

UCSF-LAUREL HEIGHTS EVENTS

All events held at 3333 California St. auditorium. Parking is available (enter from California). For further information call 476-3206.

Wed., Mar. 12: **Free Community Health Talk: Stress & Its Impact on Illness.** 7:30-9 p.m.

Sat., Mar. 15: **Films: *Modern Times* and *The Blacksmith.*** 1 p.m. $1.50.

Sat., Mar. 22: **Cancer Symposium: Cancer Pain: Current Status—Directions for the Future.** To register call 775-9956.

Wed., Apr. 2: **Free Community Health Talk: Alternative Therapies.** 7:30-9 p.m.

CAMPUS TOURS

All tours are free and take place at 1 p.m. on Tuesdays, March 4, 11, 18 & 25 and April 1, 8, 15, 22 & 29. Meet in the lobby of the Medical Sciences building, 513 Parnassus. For further information call 476-4394.

BROWN BAG TOURS/ LECTURE SERIES

All lectures are free and held on Wednesdays at noon in Room 300 Health Sciences West (enter through 513 Parnassus). Tapes of all talks are available for listening in the UCSF Library, SIMA Unit, Room 345 Health Sciences East. For further information call 476-4394.

Mar. 5: **Managing Chronic Illness at Home.**

Mar. 12: **Women, Business & Ethics.**

Mar. 19: **Career: Power, Competence, Change.**

Mar. 26: **Life in the Food Chain: Research on Sharks, Seals & Surfers.**

Apr. 2: **Historical Roots of Acupuncture.**

Apr. 9: **Performance Under Pressure: Turning Stress into Success.**

Apr. 16: **Wine & Health.**

Apr. 23: **Change Your Handwriting—Change Your Life.**

Apr. 30: **Medical Aspects of Alzheimer's Disease.**

COMMUNITY HEALTH EDUCATION PROGRAMS

The following lectures will be held in March. They are free and geared to senior citizens. Call 476-3206 for exact dates and times for these talks and topics for April.

Pain Management. Adath Israel Kosher Nutrition Center, 1851 Noriega.

Communications With Your Doctor. Noriega Senior Services Center, 3601 Noriega.

Eye Care. OMI Senior Center, 333 Randolph.

Exercise. Haight Ashbury Senior Center, 1350 Waller.

Medicine, Health & the Media. Montefiore Senior Center, 3200 California.

Cardiac/Heart Care. Montefiore Senior Center, 3200 California.

Helping Friends. Francis of Assisi Senior Center, 145 Guerrero.

First Aid. Richmond YMCA Senior Center, 360-18th Ave.

Exercise. Beth Shalom Kosher Nutrition Senior Center, 318-15th Ave.

Eye Care. St. Mary's Cathedral, 1111 Gough.

NURSING SERVICES COURSES

For further information call 476-2993.

Fri., Mar. 7: **Principles of Chemotherapy.** Rm. 214, Medical Sciences Bldg., 513 Parnassus.

Mon., Apr. 14: **Dealing With Stress & Change.** Langley Porter Psychiatric Institute Aud., 401 Parnassus.

SPECIAL EVENTS/DATES

Tues., Mar. 4: **Illustrated Lecture: Spain—Easter in Seville.** Rm. 213, Clinical Sciences Bldg., 521 Parnassus. Noon-1 p.m.

Fri., Mar. 7: **CAL Cabaret Night: Faultline.** A comedy showcase. Millberry Gym, 500 Parnassus. 8 p.m. $5. Call 476-2571.

Tues., Mar. 11: **CAL Performance: The Music of Elaine Bearer.** Millberry lounges, 500 Parnassus. Noon.

Wed., Mar. 12: **Religious Aspects of Death & Dying: The AIDS Victim.** UCSF Landberg Center for Health & Ministry, 5th & Irving. 7:30 p.m.

Tues., Mar. 25: **CAL Reading Group Meeting: Discussion of *Slouching Towards Bethlehem,*** by Joan Didion. Rm. 238, Millberry Union, 500 Parnassus. 5:45 p.m.

Wed., Mar. 26: **Religious Aspects of Death & Dying: Childhood Death.** UCSF Landberg Center for Health & Ministry, 5th & Irving. 7:30 p.m.

Wed., Mar. 26: **Free Community Health Talk: Life Strains in the Middle Years.** Toland Hall, 533 Parnassus. 7:30-9 p.m. Free parking available. Call 476-3206.

Thurs., Mar. 27: **Cosmetic Breast Enlargement: Women, Plastic Surgeons & the FDA.** Toland Hall, 533 Parnassus. Noon-1 p.m. Call Women's Resource Center, 476-5836.

Thurs., Apr. 3: **Founders Day.** To include the Faculty Research Lecture. Cole Hall. 11 a.m. Followed by campus awards luncheon. For more information call 476-4723.

Fri., Apr. 4: **Osteoporosis Talk.** Cole Hall, 513 Parnassus. Noon. Call 476-1449.

Tues., Apr. 8: **The Body Politics: Why Women Still Hate Their Bodies.** Rm. 664, Medical Sciences Bldg., 513 Parnassus. Noon-1 p.m. Call Women's Resource Center, 476-5836.

Thurs., Apr. 10: **CAL Matinee Cabaret: Working.** A musical by the Tale Spinners based on Studs Terkel's oral histories. Cole Hall, 513 Parnassus. Noon. Call 476-2571.

Tues., Apr. 15: **CAL Lecture/Slide Presentation: I Doubled for James Bond.** Rick Sylvester, stunt man. Cole Hall, 513 Parnassus. 7 p.m. $3.50. Call 476-2571.

Wed., Apr. 16: **Free Community Health Talk: Chlamydia Update.** Toland Hall, 533 Parnassus. 7:30-9 p.m. Free parking available. Call 476-3206.

Mon., Apr. 28: **Campus Blood Drive.** Blood may be given in Millberry Union main lounge, 500 Parnassus, from 8 a.m.-3 p.m., or mezzanine level, School of Nursing Bldg. (enter through 521 Parnassus) from 11 a.m.-5:30 p.m. For further information call 476-4394.

Tues., Apr. 29: **CAL Reading Group Meeting: Discussion of *West with the Nights,*** by Beryl Markham. Rm. 238, Millberry Union, 500 Parnassus. 5:45 p.m.

INTERNATIONAL WOMEN'S WEEK

All events are sponsored by the Women's Resource Center and are held from noon-1 p.m. unless otherwise noted. Call 476-5836.

Mon., Mar. 3: **Poetry Reading by UCSF Women Poets.** Rm. 729, School of Nursing Bldg. (enter from 521 Parnassus).

Tues., Mar. 4: **Women & Jobs in the 80's.** SF Supervisor Nancy Walker. Cole Hall, 513 Parnassus.

Wed., Mar. 5: **Poetry Reading by UCSF Women Poets.** Rm. 701, Clinical Sciences Bldg., 521 Parnassus.

Thurs., Mar. 6: **Celebration.** Featuring a film, live music and dance. Cole Hall, 513 Parnassus. 5-7:30 p.m.

MOBILE MAMMOGRAPHY SCREENING PROGRAM

Women now can have low-cost mammograms—x-rays to screen for breast cancer—from a mobile van that travels to convenient shopping or downtown locations in San Francisco and remains for a week at a time.

Women need the approval of their physicians to have the mammogram. The procedure takes approximately 20 minutes and costs only $40. To make an appointment call 990-0459 between 9 a.m. and 3:30 p.m.

The van will be at the following locations during March and April.

- Mar. 3-7: McAllister between Larkin & Polk.
- Mar. 10-14: Diamond near the Safeway Shopping Center.
- Mar. 17-21: Sansome near Market & Sutter.
- Mar. 25-28: Marina Green, near Marina Blvd. & Buchanan. (Mon. is a holiday.)
- Mar. 31-Apr. 4: Westlake Shopping Center, on Park Plaza Dr., adjacent to Brentwood Market.
- Apr. 7-11: California between Steiner & Fillmore.
- Apr. 14-18: Taraval Safeway, on Taraval between 17th & 18th Ave.
- Apr. 21-25: UCSF-Laurel Heights parking lot, 3333 California.
- Apr. 28-May 2: 7th Ave. between Geary & Clement, in front of Lick Super.

COLE HALL CINEMA

All films are shown in Cole Hall, Medical Sciences building, 513 Parnassus. Children under 14 $1.50; UCSF students, seniors & Millberry Union members $2; general $2.50. For further information call 476-2571.

Fri., Mar. 7: **The Never Ending Story.** 6:30 & 8:45 p.m.

Thurs., Apr. 10: **Mad Max Beyond Thunderdome.** 5:45 p.m.

Fri., Apr. 11: **Mad Max Beyond Thunderdome.** 6:30 & 8:45 p.m.

Thurs., Apr. 17: **After Hours.** 5:45 p.m.

Fri., Apr. 18: **After Hours.** 6:30 & 8:45 p.m.

Thurs., Apr. 24: **Agnes of God.** 5:45 p.m.

Fri., Apr. 25: **Agnes of God.** 6:30 & 8:45 p.m.

ART EXHIBITS

Hospitals Auxiliary Exhibit. On display for the month of March in the lobby of Moffitt Hospital, 505 Parnassus, will be photos, etchings and oils. On display for the month of April will be prints, batiks and nature photos. A portion of all proceeds benefits patients at the Medical Center at UCSF. To purchase or reserve work, visit the Auxiliary Office, Rm. 181, Moffitt Hospital, 513 Parnassus, 10 a.m.-2 p.m. or call 476-4906.

The New Painting: Impressionism 1874-1886. A special benefit for the Hospitals Auxiliary. Held at the de Young Museum. Tues., Apr. 22. 6:30-10 p.m. For ticket information call 476-4906.

Three lecture/slide presentations on the exhibit will be given:
Wed., Mar. 26: Cole Hall, 513 Parnassus. Noon.

Thurs., Mar. 27: Cole Hall, 513 Parnassus. 5:30 p.m.

Tues., Apr. 29: Rm. 300, Health Sciences West (enter through 513 Parnassus). Noon. Call 476-2571.

Faculty/Alumni House Exhibit. On display through March are photographs by Jay-Gordon Levinson. Faculty/Alumni House, 745 Parnassus. 8 a.m.-4:30 p.m. A reception for Levinson will be held Fri., Mar. 7, from 4:30-7 p.m. Call 476-4723.

NEW VOLUNTEER ORIENTATION

To acquaint new & prospective volunteers with opportunities available at the Medical Center at UCSF. Call 476-1196.

Tues., Mar. 4: Toland Hall, 533 Parnassus. 1-3:30 p.m.

Tues., Mar. 18: Toland Hall, 533 Parnassus. 6-8:30 p.m.

Tues., Apr. 8: Rm. 130, Clinical Sciences Bldg., 521 Parnassus. 1-3:30 p.m.

Mon., Apr. 21: Rm. 130, Clinical Sciences Bldg., 521 Parnassus. 6-8:30 p.m.

PRO: RECREATION & FITNESS PROGRAM

Over 100 classes offered quarterly in areas of exercise training/aerobics, swimming, stress management, massage & relaxation skills, dance, racquetball, squash, scuba diving, sailing, self-improvement & education, cooking, catering, photography & stained glass. For further information and a free brochure listing all classes call 476-1800.

Register at Millberry Union Central Desk, 500 Parnassus. 8 a.m.-2 p.m. and 4-7 p.m.

Tues., Apr. 1: Registration for Millberry Union members & UCSF students.

Wed., Apr. 2: General registration for children's classes.

Thurs., Apr. 3: General registration for adult classes.

OUTDOORS UNLIMITED

Located on Parnassus Ave., street level in the University Hospital Bldg. between 3rd and 4th Ave., Outdoors Unlimited offers outdoors adventures for the neighborhood and campus community. Sign up for activities from 11:30 a.m. to 1:30 p.m. or 5 to 7 p.m., Monday & Friday; 11:30 a.m. to 1:30 p.m. or 4 to 6 p.m., Tuesday to Thursday. Two-week advance registration is required for most events. For further information and a free brochure call 476-2078.

Sat.-Sun., Mar. 15-16: **Downhill Cross-Country Ski Trip.** South Lake Tahoe.

Mon., Mar. 17: **St. Patrick's Day Beer Tasting.** OU Center. 7 p.m.

Wed., Mar. 19, 26 & Apr. 2, 9: **Kayak Roll Session.** Millberry Pool, 500 Parnassus. 9 p.m.

Sat.-Sun., Mar. 22-23: **Outdoors Unlimited's Benefit Cross-Country Ski Trip.** South Lake Tahoe.

Sat., Mar. 22-Fri., Mar. 28: **Ski Vacation.** Jackson Hole, Wyoming.

Sat.-Sun., Mar. 22-30: **Halley's Comet Campout.** Death Valley.

Tues., Mar. 25: **Adventure Film Society Show.** Whitewater Documentary. Millberry TV room. 8 p.m.

Thurs., Mar. 27: **Moonlight Kayak Tour.** Petaluma River.

Sat.-Sun., Mar. 29-30: **Echo to Kirkwood Cross-Country Ski Race.** South Lake Tahoe.

Sat., Apr. 5, 12, 19: **Sailing.** SF Bay.

Sun., Apr. 6: **Beginning Sailing.** SF Bay.

Sun., Apr. 6: **Day Hike.** Rodeo Beach to Muir Beach.

Tues., Apr. 8: **Canoeist Gathering.** OU Center. 6:30-9 p.m.

To Our Neighbors is produced by the UCSF News and Public Information Services Department. For further information call 476-1541.

UCSF
University of California, San Francisco
...A Health Sciences Campus

To our neighbors

March/April 1986

A summary of recent news stories from the University of California, San Francisco...A Health Sciences Campus.

Volume II, Number 2

UCSF Named Regional Genetic Center

UCSF has been named a regional genetic center for 10 counties in a new California state screening program aimed at detecting neural tube defects in fetuses. The program, which began in February, requires obstetricians and other prenatal care providers to offer pregnant women a blood test for high levels of a fetal substance called alpha fetoprotein (AFP).

The test, available to women between 16 and 20 completed weeks of pregnancy, can alert physicians to defects such as spina bifida, in which the spine fails to close around the spinal cord, and anencephaly, in which most of the brain is missing. Such defects occur in 1 in 1,000 live births in California.

If the initial test is positive, additional screening tests such as ultrasound should be done, according to Rita Douglas, a UCSF genetic counselor and the regional coordinator for the 10 Northern California counties.

The regional genetic center will offer help in determining proper follow-up tests and counseling in cases where defects are found. Families learn early enough in the pregnancy so they can consider termination or change the management of the pregnancy and handling of the birth. Some defects can be corrected by surgery immediately after birth so the family would want that birth to take place in a hospital equipped for such surgery.

Regional director of the 10 counties is Mitchell S. Golbus, MD, chair of the Department of Ob/Gyn and Reproductive Sciences.

Adult Bone Marrow Transplant Unit Opens

A new four-bed Adult Bone Marrow Transplant Unit has opened in the Cancer Research Institute at the Medical Center at UCSF.

The new unit treats patients who have leukemia. Plans are to expand the service to treat those who need bone marrow transplantation as therapy for other cancers or genetic and immune system disorders, according to Marek Bozdech, MD.

The program will include three types of bone marrow transplant: rnatched, in which donor and recipient are genetically similar; partially matched, in which there is some genetic similarity and in which bone marrow from the donor must be specifically treated to reduce severe reactions; and autologous, in which the patient donates his or her own bone marrow during the early stages of the disease or during remission, and then receives it back when needed.

Meanwhile, the new three-bed UCSF Pediatric Bone Marrow Transplant Unit (BMTU), which opened last May, has completed treatment of eight patients. Directed by Morton J. Cowan, MD, it is the only center in the Bay Area performing the partially matched and autologous bone marrow procedures.

One of the Smallest Children with Kidney Transplant

Four-year-old Brad Diehl was born with a dysfunctioning kidney that caused him to suffer from chronic renal disease. After successful kidney transplant surgery and correction of a life-threatening aneurysm at the Medical Center at UCSF, Brad was able to go home the week before Christmas. He is one of the smallest children—with one of the most complicated medical conditions—to undergo transplant at UCSF.

Cardiac Rehabilitation Program Begins

A new Outpatient Cardiac Rehabilitation Program has started at the Medical Center at UCSF. Designed for those who have had recent heart attacks or heart surgery, or who have disease of the blood vessels which serve the heart, the program helps people restore their strength and fitness while reducing their risk of further heart trouble.

Participants wear heart monitors and attend three one-hour sessions a week for twelve weeks. The sessions, which include stretching and a variety of exercises, are designed to increase the heart's capacity for work while decreasing the heart's workload in everyday activities.

Staff also will discuss the way the heart works, diet, weight loss, smoking cessation, stress reduction, safe exercise and medication. For further information contact program coordinator Charles Witherell, RN, 476-4488.

New Cancer Treatment

The Cancer Research Institute at UCSF has been named one of six centers in the country to begin treating certain advanced cancer patients with interleukin-2, the National Cancer Institute has announced.

The experimental study will be limited to three kinds of cancer—melanoma, renal and colon—which showed response in the preliminary NCI study reported in December 1985. Approximately 50 patients with advanced cancers will receive the treatment at each center in the coming year.

Treatment of patients at UCSF probably will begin in April, said UCSF surgical oncologist Anthony Rayner, MD, who will be UCSF's principal investigator. Rayner emphasized that prospective study patients must be referred by their physicians, who can call 476-4765 for details.

(More news items on back page)

Treatment for Pregnant Women with Chlamydia

UCSF researchers have reported on a program in which treatment was 92 percent effective in eliminating chlamydia infection in mothers and preventing it in their babies.

The UCSF researchers used an antibiotic called erythromycin to treat pregnant women with chlamydia infections who were seen at SFGH for their prenatal medical care. Chlamydia is a sexually transmitted disease which is five times more common than herpes and twice as common as gonorrhea, affecting five percent of pregnant women in the US, or approximately 150,000 people.

Chlamydia infections during pregnancy can cause an eye infection called conjunctivitis in the newborn and can cause chlamydial pneumonia. Approximately 30,000 babies born in the US each year will develop pneumonia because of a chlamydial infection, according to Julius Schacter, PhD, writing in the January 30 issue of the *New England Journal of Medicine.*

Stop AIDS Hysteria Urges UCSF Researcher

A UCSF AIDS researcher has called upon colleagues in the medical profession to take a more active and influential role in combating the hysteria surrounding the fears of casual transmission of AIDS.

In an editorial in the February 6 issue of the *New England Journal of Medicine,* Merle Sande, MD, chief of medicine at SFGH, said that "the picture is clear . . . the AIDS virus is spread sexually, by the injection of contaminated blood, and vertically from mother to fetus. Other modes of transmission are extremely rare."

He also said that medical professionals should support public and medical officials who oppose universal screening and quarantine of AIDS patients, restricting students with AIDS from classrooms or removing employees with AIDS from the workplace.

Hey Teens, Why Not "Shapedown?"

"Shapedown" weight management classes for teenagers that combine diet, exercise and behavioral techniques have begun at the Medical Center at UCSF.

Weekly classes meet on Tuesday or Wednesday evenings in the UCSF Ambulatory Care Center, 400 Parnassus Avenue. Cost for the series, which includes 12 group meetings for teens, a course workbook and 2 parent classes, is $125.

Preregistration is required. Program sponsor is the Adolescent Medicine Unit of the UCSF Department of Pediatrics, which specializes in the health care needs of teens. For further information call 476-2184.

A Major Dental Education Program

The UCSF School of Dentistry has been selected as 1 of 21 institutions from across the country to participate in The Pew National Dental Education Program, a five-year project designed to assist dental schools in keeping pace with the dramatic changes which are occuring in the health care and dental health environment.

Under the program, the UCSF dental school will receive a two-year $92,000 grant to incorporate strategic planning mechanisms into the management process.

UCSF

University of California, San Francisco
...A Health Sciences Campus

To our neighbors

Rush—Time Dated
March—April, 1986

UCSF

University of California San Francisco
New and Public Information Services
532 Parnassus Avenue, San Francisco, CA 94143